



Live-streamed Vesak Program Sunday 3rd May, 2020.

Coming to you **ONLINE** from **Dhammaloka Buddhist Centre,**
18 Nanson Way, Nollamara, WA, Australia, to all around the world.

Morning Program Live-streamed 9.00-11.00am

9.00 am – 9.10am	Taking of the Three Refuges and 5 or 8 Precepts
9.10 am – 10.00am	Dhamma Talk
10.00 am – 10.30am	Join in the Guided Sitting Meditation (at home)
10.30am – 10.40am	Taking the 3 Refuges and 5 Precepts,
10.40am – 11.00am	Paritta Chanting, by Ajahn Brahm

11.00am – 11.05am*	Offering of Dana (food) to Ajahn,
11.05am – 12.00pm*	Meal break
12.00 pm – 3.00 pm*	Unguided meditation / Rest time

Afternoon Program Live-streamed 3.00-5.30pm

3.00pm – 4.30pm	Dhamma Discussion with Ajahn Brahm / and Venerable Hasapanna Answering online questions
4.30pm – 5.00pm	Circumambulation of standing Buddha Statue
5.00pm – 5.30pm	New Buddhists taking the Three Refuges and Five Precepts and reading out the names of new Buddhists

Please observe all your local Covid-19 Regulations.

*Note: Items marked with an asterisk are NOT live-streamed