



Bodhinyana Buddhist Monastery
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Bio - Venerable Mudu

Venerable Mudu (born 1969, Neil Proudfoot) grew up in the Perth beachside suburb of Sorrento & graduated from Duncraig Senior High School in 1986. After completing an Associate Diploma in Mechanical Engineering (Wembley TAFE) he spent his working life as a Mechanical Designer servicing Western Australia's mining, oil & gas, & grain handling industries.

Throughout lay life he was an active volunteer surf life saver. During his youth at Sorrento Surf Life Saving Club, & as an adult continued to enjoy active volunteer service with Secret Harbour Surf Life Saving Club.

After a chance invitation by a Thai friend to join her in offering food to the Buddhist Monks at Serpentine's Forest Monastery he became inspired by their monastic way of life. Several years later after developing & understanding the importance of meditation he decided to take up the training to become a monk.

On 6th January 2014, after completing the two year trial & preliminary training, Venerable Mudu received the higher ordination as a full Buddhist monk (under his teacher & preceptor, the Venerable Ajahn Brahm) at Bodhinyana Buddhist Monastery, Serpentine, Western Australia.

Over the past few years Venerable Mudu has begun to provide meditation instruction at the Buddhist Society of WA (BSWA) & also teaches regularly at Karnet Prison Farm.

At present Venerable Mudu resides at Bodhinyana Buddhist Monastery along with his fellow monastic community of approximately 25 monks. Here the monks enjoy a simple peaceful life of solitude with few possessions; a self-paced meditation practice; share one main meal a day; & live in harmony with nature.